



WILLOWS UNIFIED
SCHOOL DISTRICT

Murdock Elementary
Phone: 934-6640
Fax: 934-6557

Willows Intermediate
Phone: 934-6633
Fax: 934-6697

Willows High School
Phone: 934-6611
Fax: 934-6619

Willows Community High
Phone: 934-6605
Fax: 934-6384

Dear Parents,

This letter will help your family prepare for a possible flu pandemic that could make many people sick.

There are a number of cases of swine flu in the United States. At this time there are no confirmed cases of swine flu in Glenn County.

Public Health Officials are concerned that the swine flu virus may infect many people and spread easily from person to person. This would cause a worldwide flu outbreak, also known as a pandemic.

Public Health Officials want people to protect themselves and their families from a flu outbreak. Here are some ways to protect your family:

- Keep children who are sick at home; don't send them to school.
- Teach your children to stay at least 3 feet away from people who are sick.
- Teach your children to wash their hands a lot with soap and water for 20 seconds. Be sure to set a good example by doing this yourself.
- Teach your children to cover coughs and sneezes with a tissue or the inside of their elbow. Be sure to set a good example by doing this yourself. (Please see the attached flyer.)

If you have questions, please contact your School Nurse Carol Anderson or healthcare provider.

You can get more information from Glenn County Health Services at 530-934-6588 or <http://www.countyofglenn.net>.

The federal government website with information on the flu and planning for families: <http://www.pandemicflu.gov>.

If you have flu symptoms, please go to this website: <http://www.cdc.gov/flu/symptoms.htm>.

Appendix 1A

